



SDP Jackrabbit 2016/2017 Schedule – Revised January 3, 2017

Skills Development Program (SDP)/JackRabbit
DRAFT/TENTATIVE SCHEDULE 2016/2017

December 2016						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10 SDP Bunnies, Jackrabbits, Track Attack (10:30-12:00)
11	12 Track Attack Jackrabbit (6-7:30PM)	13	14	15	16	17 SDP Bunnies, Jackrabbits, Track Attack (10:30-12:00)
18 	19 Bunnies, TA & Jackrabbit CHRISTMAS PARTY (6-7:30PM)	20 	21	22	23	24 No Rabbits- Have fun skiing
25	26 No Rabbits- Have fun skiing	27	28	29	30	31 No Rabbits- Have fun skiing
January 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 No Rabbits HAVE FUN SKIING!	3	4 FREE PARENT SKI LESSONS	5	6	7 SDP Bunnies, Jackrabbits, Track Attack (10:30- 12:00)
8 CSTC Open House	9 Track Attack Jackrabbit (6:00-7:30 PM)	10	11 Guided Ski Tour - meet at lodge at 7	12	13	14 SDP CANCELED due to BC CUP Biathlon Race – come and watch and cheer!
15 Race Biathlon 14 + 15	16 Track Attack Jackrabbit (6:00-7:30 PM)	17	18 Guided Ski Tour - meet at lodge at 7	19 parent wax session	20	21 SDP Bunnies, Jackrabbits, Track Attack (10:30- 12:00)
22	23 Track Attack, Jackrabbit (6:00-7:30 PM)	24 parent wax session	25 Guided Ski Tour - meet at lodge at 7	26	27	28 HALLIS LAKE LOPPET Everyone Participate!! Register on line/club website
29	30 Track Attack, Jackrabbit (6:00-7:30 PM)	31				

*For further information please contact Sunshine Borsato at 250.747.0777/250.983.9300

February 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Guided Ski Tour – 7pm	2	3	4 SDP Bunnies, Jackrabbits, TA (10:30- 12:00)
5 PG BC CUP Feb 4+5th	6 Track Attack, Jackrabbit (6:00-7:30 PM)	7	8 Guided Ski Tour - meet at lodge at 7	9	10	11 SDP Bunnies, Jackrabbits, TA (10:30- 12:00)
12	13 Track Attack, Jackrabbit (6:00-7:30 PM)	14	15 Guided Ski Tour - meet at lodge at 7	16	17	18 Hallis Elementary Races
19	20 Track Attack, Jackrabbit (6:00-7:30 PM)	21	22 Guided Ski Tour - meet at lodge at 7	23	24	25 SDP Bunnies, Jackrabbits, TA (10:30- 12:00) PG Spirit of the Rivers
26	27 SDP Meltdown Party!! (6:00-7:30 PM)	28	MARCH 5 th – Williams Lake Ski Tournament Let's show WL what our CSTC Jackrabbit Ski Team can do!! To be arranged through sunshineborsato@hotmail.com		5 SDP Meltdown Party!! If snow permits – otherwise it will be scheduled February 25 th so stay posted!	

INFORMATION FOR PARENTS:

-The Skills Development Program (SDP) is comprised of three levels for kids and is a fun winter activity for ages 2 years and up. Levels: Bunnies, JackRabbits and Track Attack (TA). You can register downtown at Rocky Peak Adventure Gear, at club functions, the rental shop and on-line – website:www.caribooski.ca

We have a new racing initiative – we would like to encourage TA & JR to travel to some races as a team this year!

- All Jackrabbits are encouraged to participate in the Hallis Lake Loppet and the Elementary School Races (on the calendar) in lieu of scheduled lessons and participants must register separately plus additional races too!
- All Bunnies must be accompanied by a parent or guardian for all lessons or until the coach confirms the bunny can ski without you – please ask your coach after a few lessons
- Parent participation is highly encouraged – please come and have fun skiing with the group! Tagging along behind or actively helping with the group is adored by coaches and kids alike!
- Please label all equipment (especially poles) and remember that group leaders and coaches are NOT responsible to wax skis so ensure equipment is waxed before lessons begin – ask rental shop if unsure
- Arrive early and join classes promptly as groups may be difficult to locate if you arrive late
- There will be waxing clinics and free parent lessons during some sessions. The dates will be announced
- Kids in Level 3 and 4 are recommended to have waxable and/or skate skis

***for the safety of the participants, we will not be skiing if the temperature at Hallis is COLDER than -15 C one hour before Jackrabbits starts. We will be organizing indoor training activities on these cold days and if the weather warms up, we will go out on skis.** Current temperatures posted on the club's Youth Programs webpage- www.caribooski.ca.

Our goal is to have a minimum of eight sessions on snow through the season for each group. We will schedule additional on snow lessons later in the season if necessary.

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