



## Skills Development Program (SDP)/JackRabbit SCHEDULE 2017/2018

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>December 2017</b>						1	2
	3	4	5	6	7	8	9 SDP Bunnies, Jackrabbits, Track Attack (10:30-12:00)
	10	11 Track Attack Jackrabbit (6-7:30PM)	12	13	14	15	16 SDP Bunnies, Jackrabbits, Track Attack (10:30-12:00)
	17 100 Mile Race for Kids	18 Bunnies, TA & Jackrabbit CHRISTMAS PARTY (6-7:30PM)	19	20	21	22	23 No Rabbits- Have fun skiing 
	24	25 No Rabbits- Have fun skiing 	26	27	28	29	30 No Rabbits- Have fun skiing PG Race for kids
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>January 2018</b>	31	1 No Rabbits HAVE FUN SKIING!	2	3 <b>FREE PARENT SKI LESSONS</b>	4	5	6 SDP Bunnies, Jackrabbits, Track Attack (10:30- 12:00)
	7 CSTC Open House	8 Track Attack Jackrabbit (6:00-7:30 PM)	9	10 Guided Ski Tour - meet at lodge at 7	11	12	13 SDP Bunnies, Jackrabbits, Track Attack (10:30- 12:00)
	14	15 Track Attack Jackrabbit (6:00-7:30 PM)	16	17 Guided Ski Tour - meet at lodge at 7	18 <b>BRING A FRIEND DAY</b>	19	20 SDP Bunnies, Jackrabbits, Track Attack (10:30- 12:00)
	21	22 Track Attack, Jackrabbit (6:00-7:30 PM)	23 <b>parent wax session</b>	24 Guided Ski Tour - meet at lodge at 7	25	26	27 HALLIS LAKE LOPPET Everyone Participate!! Register on line/club website
	28	29 Track Attack, Jackrabbit (6:00-7:30 PM)	30	31 Guided Ski Tour - meet at lodge at 7			

\*For further information please contact Sunshine Borsato at 250.747.0777/250.983.9300

February 2018	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						1	2	3 SDP Bunnies, Jackrabbits, TA (10:30- 12:00)
	4	5 Track Attack, Jackrabbit (6:00-7:30 PM)	6	7 Guided Ski Tour - meet at lodge at 7	8	9	10 SDP Bunnies, Jackrabbits, TA (10:30- 12:00)	
	11	12 Track Attack, Jackrabbit (6:00-7:30 PM)	13	14 Guided Ski Tour - meet at lodge at 7	15	16	17 Hallis Elementary Races	
	18	19 Track Attack, Jackrabbit (6:00-7:30 PM)	20	21 Guided Ski Tour - meet at lodge at 7	22	23	24 SDP Bunnies, Jackrabbits, TA (10:30- 12:00) PG Spirit of the Rivers	
	25	26 SDP Meltdown Party!! (6:00-7:30 PM)	27	MARCH 6 <sup>th</sup> – Williams Lake Ski Tournament Let's show WL what our CSTC Jackrabbit Ski Team can do!! To be arranged through sunshineborsato@hotmail.com			29 SDP Meltdown Party!! If snow permits – otherwise it will be scheduled earlier so stay posted!	

### **INFORMATION FOR PARENTS:**

-The Skills Development Program (SDP) is comprised of three levels for kids and is a fun winter activity for ages 2 years and up. Levels: Bunnies, JackRabbits and Track Attack (TA). You can register downtown at Rocky Peak Adventure Gear, at club functions, the rental shop and on-line – website:www.caribooski.ca

We have a new racing initiative – we would like to encourage TA & JR to travel to some races as a team this year!

- All Jackrabbits are encouraged to participate in the Hallis Lake Loppet and the Elementary School Races (on the calendar) in lieu of scheduled lessons and participants must register separately plus additional races too!
- All Bunnies must be accompanied by a parent or guardian for all lessons or until the coach confirms the bunny can ski without you – please ask your coach after a few lessons
- Parent participation is highly encouraged – please come and have fun skiing with the group! Tagging along behind or actively helping with the group is adored by coaches and kids alike!
- Please label all equipment (especially poles) and remember that group leaders and coaches are NOT responsible to wax skis so ensure equipment is waxed before lessons begin – ask rental shop if unsure
- Arrive early and join classes promptly as groups may be difficult to locate if you arrive late
- There will be waxing clinics and free parent lessons during some sessions. The dates will be announced
- Kids in Level 3 and 4 are recommended to have waxable and/or skate skis

**\*for the safety of the participants, we will not be skiing if the temperature at Hallis is COLDER than -15 C one hour before Jackrabbits starts. We will be organizing indoor training activities on these cold days and if the weather warms up, we will go out on skis. Current temperatures posted on the club's Youth Programs webpage- [www.caribooski.ca](http://www.caribooski.ca).**

Our goal is to have a minimum of eight sessions on snow through the season for each group. We will schedule additional on snow lessons later in the season if necessary.

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