

**Cariboo Ski-Touring Club
Minutes Oct 6, 2014**

In Attendance: Peter van Leusden , Brian Black, Marilyn van Leusden, Amy Reid, Ron Watteyne, Mike Alborn, Lee Morgan, Greg Strebek, John Redburn, Vicki Esplen, Tony Jaffary, Jim Crellin, Sunshine Borsato, Chris Elden

Absent with Regrets: Bruce Self, Paul Mednis, Herb Chlebek, Kathy Jaffary, Holly Nelson

Adopt agenda: M: John 2nd: Mike

Adoption of Minutes of May 6, 2014: M: Mike 2nd: Vicki

Adoption of treasurer report for September 30, 2014 M: Chris 2nd: Ron

Correspondence:

1. CSTC address: **Box 4433, Quesnel BC, V2J 3J4.** Brian has updated Martine at Ski Canada magazine and the CCBC data base. Lee to update other CSTC contacts.
2. CSTC fund-raiser: Vijnana Yogo Workshop with Brett Wearne at Hallis lodge Sept 26- 28, 2014
3. Healthy eating from around the world cooking class and dinner Sept 27, 2014 at Hallis Lodge.
4. **2015 CWG Safe Sport Tour** WORKSHOP AND COURSE PROFILE

Concussion Management Workshop

This two hour workshop shares the latest medical and scientific information about brain injury, sport risk factors, prevention techniques, and concussion management guidelines

* This workshop is approved for 2.0 BCRPA Continuing Education Credits

* This workshop is approved for 2 PD/A2 CMTBC Continuing Education Credits

SportSmart: Injury Prevention & Performance Workshop

This two hour workshop offers introductory education on sport safety and athlete performance.

➤ Quesnel **Monday** Oct. 6th, 2014 (Safe Sport evening of Workshops)

○ Location: Quesnel Art and Recreation Centre, 500 Northstar Rd., Quesnel BC, V2J 5P6

5.

AST 1 AVALANCHE COURSE

when: jan. 17 & 18, 2015

instructor: Craig Evanoff

*where: theory-*UNBC campus, Quesnel,

practical- jubilee bowl

cost: \$200 plus \$10 gst,per person

required gear: tele, or at skis, or snowshoes **no xc skis**

desirable gear: avalanche beacon, shovel, probe

avy gear will be available for rent for those who need it

limited to the first 12 who sign up

payment required at sign up and to hold your seat!!

this is your chance to become a safe backcountry user, close to home

consider giving this course as a gift to keep your loved ones safe

contact Bruce Self at [250 747 2119](tel:2507472119) or bself@goldcity.net

checks should be made payable to Bruce with a receipt issued for cash payments.

6. Brian sent the invoice and receipts for the Low Mobility Trail to Kathleen MacDonald. She has forwarded them to the finance department who will prepare and send CSTC a cheque.

Old Business:

1. **CSTC Ski Swap:** People are welcome to bring their unneeded cross country gear to at Rocky Peak for the ski swap. The difference from last year is that the CSTC is not running a separate swap, so commission proceeds will go to the Ski Patrol group. **CSTC will have a registration and information booth at the ski swap :** West Park Mall Friday October 24th 3:30 - 9:00
Drop off at Rocky Peak Adventure Gear ahead of Friday please, 337 Reid St. [250 - 992 - 2711](tel:250-992-2711)
2. **Criminal Record Checks**
Lee compiled a list of volunteers who have been given the CRC forms to fill out and submit with a column to record the completed returned requests.
CSTC has received criminal record checks for Jim Crellin and James Kurta. Tania will forward information regarding doing criminal record checks on line.
Action Item: Lee to review list with Peter and forward to Sunshine, Marilyn and Chris.
3. **Sponsors**
Action Item: Marilyn will make a list of sponsors for obstacle course. Thank-you letters sent to sponsors will include a website link. **In progress**
4. **Trail Maps**
Work is in progress on the trail maps. The team of Greg, Ron, Sunshine and JR continues to labour with building an interim and **new** map. West Road consultants is donating their services to complete.
Action Item: John is awaiting West Road for completion of a venue map(s) for use by skiers.
(end of Oct – mid Nov) **In progress**
5. **Web Cam**
Herb is working on a project to set up a webcam to show a view of the staging area as well as the temperature on the CSTC website.
Action Item: Herb to work towards completion with Mike's help **In progress**
6. **Volunteers**
CSTC would like to generate a list of club volunteers.
Action Item: For September Vicki will put together a brochure with a simple form for people to fill out ticking off areas in which they are interested in volunteering. Brochures will be located in the lodge and rental shop and possibly at Rocky Peak where memberships can be purchased. Vicki will also mention volunteering in the next newsletter. The membership form will be revised to include a volunteer section. A new executive position of volunteer coordinator may be created. **In progress**
7. **Trail improvements**
A suggestion was made to improve the grade on the north end of Canius Lupis for 200-300 meters to remove the side slope. CSTC will consider hiring a machine and operator to widen trails by clearing the willows back. Widening of the path to the lodge was also brought up and is part of the 5 year plan
Action Item: Brian and Ron will discuss options with other executive members in the near future.

8. Draft Policy regarding Birthday Parties

1 successful youth birthday party was held on a Wednesday night for a group of ~16. Further discussion is required to decide on a policy going forward.

Action Item: Marilyn will draft a policy to review in November.

New Business:

1. Fees for the season (CCBC fee per member is now \$12)

CSTC 2014-15 season fee structure was discussed and set at:

- \$20 Bunnies
- \$40 Jackrabbits
- \$50 Track Attack
- \$55 Biathlon

Motion: Greg moved to adopt the above fee structure.

Peter seconded

motion carried

2. GST requirement

As a nonprofit CSTC will be required to charge GST if gross income exceeds \$50,000 per year. Amy will examine our status in this regard.

3. Lodge / rental shop opening days and hours.

After much discussion and review of rental stats from last year, lodge hours will be:

- open 7 days/week
- 10 am -4 pm Saturday and Sunday(last rental out at 3 pm)
- Noon – 9 pm Wednesday (last rental out at 8 pm)
- Noon – 6 pm Monday , Tuesday, Thursday, Friday(last rental out at 5 pm)

4. Reimbursement policy

A significant portion of the expenses of the CSTC are paid for by the directors of members of the club and must be reimbursed. It is critical for good governance and to meet audit criteria that everyone due for reimbursement follows this policy.

- The CSTC expense form is available in electronic format. It is best to fill one out and email to the treasurer so that a cheque can be prepared in advance. The club member submitting the receipts should also make a printed copy at this time.

- Expense forms must clearly indicate which program, event or project each receipt is for.

- The treasurer will prepare a cheque, have it signed and pass the cheque to the individual being reimbursed in exchange for a printed copy of the expense account with the original receipts attached or copies of those receipts.

- This policy does not apply to non members or contractors who must prepare an invoice for payment.

Motion: Amy moved to adopt the reimbursement policy above.

Mike seconded

motion carried

5. Biathlon BC Cup #1 Jan 2-4, 2015

Friday will be coaches meeting. Officials are: Jim - chief of race, Brian - chief of course

As many volunteers are need for this exciting event a free officials course will be offered Nov 22 or 23, 2014. Jim is hoping for a large showing of volunteers from Prince George.

6. Key dates for the season

Open House January 11, 2015
CC January 17-18, 2015
Loppet January 24, 2015
Winter Carnival February 7, 2015
Family Day February 9, 2015
Elementary races February 21, 2015
CANSI to be decided in November
Canada Winter Games February 13-March 1, 2015 in Prince George

CSTC has several events planned for January which will require many volunteers.

7. List of events to Olive for potential donations; the needs of each event made clear by the event organizer. This includes coffee, tea, goodies, etc as well as prizes.

8. List of Fall work parties and dates:

- The Oct 11 Murray cabin firewood work party of 3 was a success. Firewood was cut, split & put under the cabin but not stacked, the cabin stove pipe was repaired and a new post installed under the porch. A huge thank you goes to Taylor Mastre, Arnold Kilsby and Bruce Self.
- Monkton fire wood: contact Al Schutz
- Wednesday October 8th was a great day for a hike to the Waverly cabin. A crew of 11 ski club members felled, bucked and split plenty of fire wood. The cabin is in great shape and ready for your winter expedition. Thanks to Donna Lundgren, Penny Hendricks, Christine Kraayvanger, Sally Johnston, John Redburn, Charlie Esplen, Brian Kennelly, Brian Black, Al Schutz, Tania Gruene, Al Fleck and Piper the dog.
- The CSTC needs a volunteer to step up and organize a firewood party for the Cariboo Mt. cabin. If there is no volunteer, there will be no firewood cut at the cabin this year. If you use this cabin, consider organizing this. Please contact Bruce Self at bself@goldcity.net or [250-747-2119](tel:250-747-2119) if you are willing to volunteer.
- Lodge work: contact Tony at tjkj@shaw.ca to sign up for a project
- Fire wood : contact Greg at 429first@gmail.com
- Equipment / New equipment shed: Mike
- Biathlon modifications: Chris to check permit
- Trails: John set up a Work Party/Brushing at the Lodge, 9 am Thurs Oct 16th
Three brushing/ trail clearing projects close to the lodge. The trail clearing project was a short bush trail at Pancake Flats for the Jackrabbit program. One brushing project was to clear the encroaching brush along the access road to the lodge and the third was to clear brush around the electrical transformer.
- Cat work: Ron
- Fencing: repairs required at gate openings to the range

9. AGM Wednesday October 29, 2014 7 pm at Hallis lodge Special presentation by Wes Gregg on a wilderness canoeing expedition.

Committee Reports:

1. Skill Development Program: Jackrabbit/Track Attack – Sunshine.

- lots of difficulty recruiting coaches - many people declined this year - Nicole Strand and Lisa M coordinating this year and I will represent them as a director. Represented club at Central Registration in September.

Coaching courses:-

L2T (third level of CCC coaching hierarchy) certified Tania Gruene and Michelle Prevost.

ICC Oct 3-4th certified Paul M, Leanne P and Penny Hendricks.

CC is scheduled for January.

-Cat work and trail improvements - cat work completed on Adventure Park to create a slalom course and improve the ditch/bridge area to create a better half pike type play area. More improvements to the obstacle course and the bicycle bumps. Brushing to create a bush trail through pancake flats.

2. Nordics / biathlon – Jim Crellin

Regular practices were held at the -Kurta's range throughout most of the summer. More formal shooting practices are being held now on Saturday mornings as well as dryland training during the week. We have 8 junior athletes and 3 masters training as of September and have rifles available for more junior athletes.

We have been selected to host BC Cup #1 on January 2-4, 2015 so a lot of work has to be done this fall to prepare for this event. Start-Finish area upgrades have been planned and approved, we are waiting for the final cutting permits before cat work begins in the next week or so. We have held the first organizational meeting and selected some of the key officials as well as setting up a committee to handle the preparations. We don't know yet whom the TD will be or what race formats we will be using. We will need the help of a lot of new volunteers from the club as our last BC Cup was in 2010 and many of our volunteers from that time are no longer available

We will require the use of the Lodge on January 2, 3, both days (not exclusively) and evenings (exclusive for meetings in the upstairs area) and January 4 day only (again not exclusive of other members). It might be best not to plan a rabbits program that Saturday as we are expecting approximately 60 -80 athletes, with attendant coaches, parents etc as well as about 50 volunteer officials and helpers to run the competition, and competitors will be coming through the stadium.

The upper trails and the south loop and Canis Lupus will not be in use but all of the lit track trails, the 3.5 km and pancake flats will be in use as competition trails.

We have received a \$1500 grant from Biathlon BC for equipment upgrades on the condition that the club match those funds. We have purchased a new Biathlon 7-3 Cadet rifle, and a used 7-4 to complete this grant and that will equip us with sufficient rental biathlon rifles to have one available for all of the athletes beyond the Juvenile age group.

3. Membership – Greg

Greg will update the membership form with the changed club address Box 4433.

4. Equipment – Mike

2 skidoo's are in the shop (South Shore) for repairs and the PB has been serviced. The diesel tank is full.

5. Backcountry – Bruce

There is now an outhouse at the YellowHawk trailhead. The Ministry of Forests recreation site contractor will maintain it during the summer season. CSTC club members should be prepared to maintain it during the winter. This means bringing your own toilet paper & hand sanitizer, removing any trash and shoveling out the door if the snow gets deep.

Thanks to Ministry of Forests- Recreation and Trails, HMC in Wells, and CSTC members

6. Signs & Trails , Lit track – John

Signage New map/sign at stadium is on order

Updates to the signage are still awaiting implementation. The plan is to have junctions marked with a distinct letter and that letter on the main map and a paper trail map. No other upgrades to signage planned, damaged signs should be replaced with aluminum signs wherever feasible.

Trails

Trail mowing is complete. Ron has underground wiring in place for the Wascally Wabbit trail and Bryan Mankowske will finish up.

The fire fighting unit crew brushed the upper trails in the spring, however their efforts are not readily apparent since the brush regrew soon after. The benefit from their efforts will be in the reduction of tall brush bending over the trail due to snow press. The stadium trails will be brushed this fall and danger trees removed. The short cut to the fields and a short loop trail for snowshoeing will be marked and brushed as well as the existing snowshoe trails will receive an inspection and brushing as required.

An extension of the Big Foot SS T will be laid out this fall/winter for development in the spring.

Projects

Update sign management plan to include low mobility trail

Create a trail management plan

Big Foot SST extension

Lit Track Diffusers of the 19 newest lights were replaced by 3 club volunteers with support from Telus.

Limited Mobility trail. This trail was completed and the grand opening was held in July. The trail is a wonderful addition to our facility and the opening was a great success. Thanks to John for his excellent work on the project and thanks to Ron and Elaine for the great job in organizing the opening. Volunteer work by club members netted \$5300 on this project.

New Map

John has contacted West Road Resources and the map is in the capable hands of Jim Kurta.

7. Social – Holly

8. 75 K Ski Challenge – Sunshine.

9. Guided Ski Tours– Sunshine.

10. Lodge rentals – Sunshine

Lodge rental activity - fairly regular including a rental thanksgiving - yoga fundraiser \$250.

Victor, George, Kate and I were only CSTC members to attend. Brett is willing to come next year but hope to have better attendance with more promotion outside club members.

Possibility of Yoga classes at the lodge 1 night/week

11. Lodge – TonyJaffary

Jobs to do before season starts

- Snow dams to be replaced, there will have to be three sets of them evenly spaced up the roof slope and running across the entire length of the roof to evenly spread the load of snow.
- Inside stairs will need to be repainted
- Self-closing hinges to be installed on the bathroom doors (we have purchased these)
- Exhaust fan over the stove in the kitchen needs to be purchased and installed
- Deck of the lodge needs staining and can be done on any dry day. If someone is available to do this please call Brian at 250 747 1026 or bnblack01@gmail.com

12. Email communications – Greg

13. Newsletter & Loppet- Vicki

Next newsletter will be in the fall.

14. Fundraising – Marilyn-Brian

CSTC has confirmation of grants from Viasport (2 grants) Gaming and CCBC for the Ski School. An application has been made to MEC.

15. Publicity/ Adult Lessons- Ron

Starts with Open House

16. Youth Ski School and Hallis Lake Rental Shop- Marilyn

- a) Ski School Report
- b) Rental Shop
- c) Financials

17. 10 Mile Lake

CSTC will not be renewing the Winter Maintenance Permit for Ten Mile Lake Provincial Park. The clubs involvement at Ten Mile Lake has ended and Peter will inform the ministry.

18. Coaching- Peter

L2T, ICC complete, CC and Officials level 1 scheduled.

Action item: Ron to contact Bruce about a Cansi course

Meeting adjourned at: 9:32 pm

Next Meeting: November 6, 2014 at 7 pm at QCEDC office at City Hall

Goodies Schedule:	November	Jim
	December	Amy
	January	Peter
	February	Vicki
	March	John
	April	Sunshine
	May	Ron