

# HALLIS ELEMENTARY SKI TOURNAMENT

GOLD RUSH FEVER



35<sup>th</sup> Annual *Racing Rocks!*

**Sponsoring Club:** Cariboo Ski Touring Club      **Location:** Quesnel, B.C. – Hallis Lake  
**Date:** February 18, 2017      **Event Time:** 8:00 a.m. – athlete prep  
**Cost:** no charge      **First Race:** 9:30 a.m.  
**Call** Sunshine Borsato Ph# 250.747.0777 Scan/email to sunshineborsato@hotmail.com  
**Download Registration Forms:** [www.caribooski.ca](http://www.caribooski.ca) follow link thru Jackrabbits

**REGISTRATION DEADLINE: February 14, 2016**

**Come and enjoy a day of competitive fun cross country skiing!!!!!!!!!!!!!!!!!!!!!!**

## **OUTLINE FOR THE EVENT:**

- 8:00 Registration of schools, wax skis & prepare athletes for guided tours –
- 8:30 Guided tours of race routes – **do not be late, tours will be prompt**
- 9:00 Organization of participants
- 9:15 Parade of athletes – points for school spirit and best school banner
- 9:30 BEGINNER Classic Race Mass Start:  
Mass start, Classic technique (no skate skiing), Age cat.
- 10:30 EXPERIENCED Classic Race Mass Start:  
Mass start, Classic technique (no skate skiing), Age cat.
- 11:15 Relay Race:  
Free Technique (skate or classic)  
Relay teams of four (two boys/two girls from the same school) \*out of town teams can register kids by school or limited to one team
- 12:00 Athletes start to head to Adventure Park to prepare for double cross event
- 12:00 \*Lunch while double cross and scoring finishes\*
- 12:00 Double Cross:  
Free technique, Age categories  
Two to four participants in a heat, winner proceeds
- 1:30 Podium Awards Ceremony

**AWARDS and SCORING:** Each participant will receive points in each race and extra points will be given to the top three finishing times in each category. Points will be awarded for best classic technique, best skate technique and best team spirit. Medals will be awarded to the top three boys and the top three girls of each age group in the Individual Classic and the Heat Sprint events. Top two girls and boys in each category of the Double Cross will receive medals. There are no awards or scoring for fun games (if applicable).

Aggregate trophies will be awarded to the top three schools that have accumulated the most points combined from all four race events (individual classic beginner and experienced, relay and double cross). Top out of town team will receive a gold pan award.

**BEGINNER CATEGORY VS. EXPERIENCED CATEGORY**

**Beginner** – register in the beginner category if you have never cross country skied, tried x-country skiing through the ski school program or only ski a few times a year.

**Experienced** – you are on a ski race team, enrolled in the Jackrabbit Program for a second year or more, ski in a program at school multiple times through the year like twice weekly for a couple years (not including the three visits to Hallis with the Ski School Program) or want more challenge!

**AGE CATEGORIES AND BEGINNER CLASSIC DISTANCES: (race day ages)**

- Group#1 ages 5-6 - (approximately 1/2 km)
- Group#2 ages 7-8 - (approximately 1/2 km)
- Group#3 ages 9-10- (approximately 1 km)
- Group#4 ages 11+ - (approximately 1 km)

**AGE CATEGORIES, EXPERIENCED CLASSIC DISTANCES: (race day ages)**

- Group#1 5-6 – (approximately 1 km)
- Group#2 7-8 – (approximately 1 km)
- Group#3 9-10 - (approximately 2 km)
- Group#4 11 + – (approximately 2 km)

**POST-CEREMONY:**

Each participating athlete will receive a Cross Country Canada sponsored item. Each athlete will receive a free lunch. Sorry, no lunch provided for parents, teacher sponsors and spectators. Concession open in the lodge with soup and sandwiches. The Cariboo Ski Touring Club's lodge will be open all day to the public free of charge for February 18, 2017.

**THANK YOU TO THE CONTINUING SUPPORT OF OUR SPONSORS WHO MAKE THIS EVENT HAPPEN and THE TIRELESS AND COUNTLESS VOLUNTEERS!!!!!!!!!!!!**

CCBC, CSTC, McDonald's, Rocky Peak Adventure Gear, Quesnel Bakery, Hello Promotions, Timber Trek Consulting Ltd.