

# Cariboo Ski Touring Club

## **MEMBERSHIP FORM 2019 -2020 early discount #2 Oct 15 – Nov 14**

### **Member Information**

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Email address is required if you wish to receive timely communication about Club events. The distribution list is always sent BCC to maintain privacy. By providing your email address you are consenting to receive email communications from the Club regarding conditions and activities deemed of probable interest to the general club membership. Your address can be removed by replying to the sender with a removal request.

**STEP 1:** Categorize your **membership(s)** (see General notes, next page) **Please print legibly**

| Surname                         | First Name | Birthdate<br>Day/Month/Year | M/F | Membership Fee<br>Skiers over age 4 \$25<br>Snowshoers \$10 |
|---------------------------------|------------|-----------------------------|-----|---|
|                                 |            |                             |     |   |
|                                 |            |                             |     |   |
|                                 |            |                             |     |   |
|                                 |            |                             |     |   |
|                                 |            |                             |     |   |
|                                 |            |                             |     |   |
| <b>Total of Membership Fees</b> |            |                             |     | <b>\$</b>   |

**STEP 2:** Choose the **ACTIVITY OPTION** for each Member individually **OR** for the entire Family

|                                | Non-Skier<br>Snowshoe<br>Trails only | Back Country,<br>includes<br>Snowshoe | All Options.<br>Snowshoe,<br>Back Country &<br>Groomed Trails | Number of<br>members<br>selecting this<br>option | Line Total<br>Multiply<br>number by<br>option cost |
|--------------------------------|--------------------------------------|---------------------------------------|---|--|--|
| <b>Individuals</b>             |                                      |                                       |   |  |  |
| Adult, each                    | \$20.00                              | or<br>\$50                            | or<br>\$80  |  | \$   |
| Junior, ages 5 – 18            | \$15                                 | or<br>\$25                            | or<br>\$30  |  | \$   |
| Student, with card             | \$15                                 | or<br>\$25                            | or<br>\$40  |  | \$   |
| <b>OR</b>                      |                                      |                                       |   |  |  |
| <b>Family</b> (two adults max) | \$45.00                              | or<br>\$100                           | or<br>\$180   | (max 1)  | \$   |

**Total of Activity Options**      \$ \_\_\_\_\_

**STEP 3:** Add the **Membership** from Step 1 to the total for each member category in Step 2 plus any Skill Development Program fees for youth from the next page.

**Membership** (from Step 1): \$ \_\_\_\_\_

**Total Options** (from Step 2): **+\$** \_\_\_\_\_

**Total Program Fees** (Bunny, Jackrabbit, Track Attack, Biathlon, from page 2): **+\$** \_\_\_\_\_

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TOTAL OF ALL FEES := \$ \_\_\_\_\_

**One Adult must sign the attached waiver form, page 4**

## SKILL DEVELOPMENT PROGRAM (SDP) REGISTRATION

**PROGRAM PARTICIPANTS MUST BE CLUB MEMBERS**

| PROGRAM                        | Bunnies<br>age<5      | Jack Rabbit<br>(5 – 12)                              | Track Attack<br>or Yeti (10+)                        | Biathlon<br>(10+) | Jackrabbit Notes  |
|--------------------------------|-----------------------|--|--|-------------------|---|
| <b>FEE:</b>                    | \$25 Saturday<br>only | A:Saturdays \$40<br>B:Mondays \$40<br>C:Sat&Mon \$55 | A:Saturdays \$40<br>B:Mondays \$40<br>C:Sat&Mon \$55 | \$55              | Option A: Saturdays 8<br>sessions of 1 1/2 hrs each.<br>Option B: Mondays 8<br>sessions of 1 1/2 hrs each.<br>Option C: Sat&Mon<br>combines both. |
|                                | //////////            | ////////////////////                                 | ////////////////////                                 | //////////        |   |
| <b>Name of<br/>participant</b> | //////////            | ////////////////////                                 | ////////////////////                                 | //////////        | <b>Indicate Option</b>  |
|                                |                       |  |  |                   |   |
|                                |                       |  |  |                   |   |
|                                |                       |  |  |                   |   |
|                                |                       |  |  |                   |   |
|                                |                       |  |  |                   |   |
| <b>COLUMN<br/>TOTAL</b>        | \$                    | \$   | \$   | \$                | <b>LINE TOTAL</b> _____   |
|                                |                       |  |  |                   | Enter the Line Total as <b>Total Program Fee</b> in<br>Step 3 on page 1   |

## General Notes

- Membership fee applies to each individual except children under the age of 5 as of 31 December 2018. (The CSTC has to remit a \$19 fee per member to Cross Country BC, however our club subsidizes children under the age of 5.).
- A “Membership Fee”-only application would be appropriate for people who no longer ski but wish to support the club and remain informed of club activities and events.
- “All Options” covers all groomed trails at Hallis Lake and includes occasional back country cabin and snow shoe trail use. There is **No** option of Hallis Lake groomed trails only. You cannot subtract snowshoe and/or back country fees from the All Options fee.
- Snowshoers are no longer being registered with Cross Country BC and Cross Country Canada. Their membership fees are lower than skier memberships to reflect this.

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**Snowshoers do not have backcountry cabin booking privileges unless they choose the Backcountry Activity option.**

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## Cross Country Canada

### Informed Consent and Assumption of Risk Agreement

By signing this document you will assume certain risks. Please read carefully.

1. This is a binding legal agreement. As a Participant in the sport of cross-country skiing and the programs, activities and events of **Cross Country Canada and Canadian Snowsports Association** (hereinafter called **CCC/CSA**), (name of Ski Division, hereinafter called the **Division**) and Cariboo Ski Touring Club (name of Club, hereinafter called **Club**) which include without limitation cross-country skiing competitions, camps, clinics, and related activities such as roller-skiing, road cycling, running and hiking (hereinafter called the **Activities**), the Participant and/or the Parent/Guardian of the Participant (hereinafter called the **Parties**), acknowledge and agree to the following terms:

#### Description of Risks

2. The Participant is participating voluntarily in the **Activities**. In consideration of the Participant's participation in the **Activities** sanctioned by one or more of **CCC/CSA**, the **Division** and the **Club**, the **Parties** hereby acknowledge that they are aware of the risks, dangers and hazards associated with or related to the **Activities**, and may be exposed to such risks, dangers and hazards. The risks, dangers and hazards include, but are not limited to, injuries from:

- a) training whether indoor or outdoor including strength training, running, hiking, and cycling;
- b) overusing, exerting and stretching various muscle groups and strenuous cardiovascular workouts;
- c) vigorous physical exertion, rapid movements and quick turns and stops;
- d) falling to the ground due to slips, trips or uneven, slippery or irregular terrain or surfaces;
- e) contact, colliding or being struck by skis, ski poles, equipment, trees, other individuals or other fixed objects;
- f) failing to participate within one's abilities, skill and within designated areas;
- g) becoming lost or separated from the group or the group becoming split up;
- h) failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
- i) extreme weather conditions which may result in frostbite, hypothermia, snowstorms, sunstroke or lightning strikes;
- j) encounters with animals or plants including allergic reactions;
- k) travel to and from training, competitive events and associated non-competitive events which are an integral part of **Activities**; and
- l) other risks normally associated with participation in the **Activities**.

#### 3. Furthermore, the Parties are aware:

- a) that injuries sustained may be severe, paralyzing or fatal;
- b) that the Participant may experience anxiety or embarrassment while challenging themselves during the activities, events and programs of **CCC/CSA**, the **Division** and the **Club**;
- c) that the risk of injury is reduced if the Participant follows all rules established for participation; and
- d) that the risk of injury increases as the Participant becomes fatigued.

#### Disclaimer

4. In consideration of **CCC/CSA**, the **Division** and the **Club** accepting the Participant's application for membership in the **Club** or allowing the Participant to participate, the **Parties** agree that **CCC/CSA**, the **Division** and the **Club** and its respective directors, officers, committee members, members, employees, volunteers, participants, agents and representatives are not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by the Participant during, or as a result of, any of the **Activities** sanctioned by one or more of **CCC/CSA**, the **Division** and the **Club**, caused by the risks, dangers and hazards associated with the **Activities**.

#### Acknowledgement

5. The **Parties** confirm that:

- a) the Participant's physical condition is sufficient to allow participation in the sport of cross-country skiing and the activities, events and programs of **CCC/CSA**, the **Division** and the **Club**;
- b) they have been provided sufficient information about **Activities** and the associated risks and hazards so that they are aware of the effect of this agreement;

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- c) the Participant agrees to abide by the Rules and Regulations imposed by CCC/CSA, the **Division** and the **Club**, in association with the **Activities**, and to follow the instructions of the officials during the **Activities**; and  
d) they have read this agreement understand it, have executed this agreement voluntarily, and that this agreement is to be binding upon the **Parties**, their heirs, executors, administrators and representatives.

6. In addition, the **Parties**:

a) authorize CCC/CSA, the **Division** and the **Club** to collect and use personal information about the **Parties** which relates in any way to the **Activities**, including without limitation the publication of photographs in newsletters and promotional materials, and the posting of photographs, videos, articles, rosters, statistics, images and results on the CCC/CSA, the **Division** and the **Club** websites;

b) grant permission to CCC/CSA, the **Division** and the **Club** to photograph and/or record the **Parties** image and/or voice, and to use this material to promote CCC/CSA, the **Division** and the **Club** through any form and agree that the audio/visual material and copyright will remain the sole property of CCC/CSA, the **Division** and the **Club** and waive any claim to remuneration for use of audio/visual materials used for these purposes; and

c) understand that they may withdraw such consent at any time by contacting Cross Country Canada at 403-678-6791. Cross Country Canada will advise the implications of such withdrawal.

### Agreement Coverage

7. The adult completing and signing this membership form and agreement does so on behalf of all members listed on this form.

**NOTE: if the Member/Participant is under 19 years of age, the parent or legal guardian MUST sign below.**

*I, the Participant, have read and agree to be bound by this agreement, also on behalf of my spouse, if applicable:*

Name of Participant (19yrs or older) or Parent/Guardian (print): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### NOTE:

All Informed Consent and Assumption of Risk Agreements are to remain with the **Club Executive for a minimum of three years.**

**\*We do not sell or distribute your personal information to any other third party not listed herein.\***

**DO NOT** submit these forms to CCC/CSA or the **Division** Office

Please make cheques payable to:

**Cariboo Ski Touring Club**  
P.O. Box 4433, Quesnel, B.C. V2J 3J4  
www.caribooski.ca