

HALLIS SKI TOURNAMENT

GOLD RUSH FEVER



38th Annual *Racing Rocks!*

Sponsoring Club: Cariboo Ski Touring Club **Location:** Quesnel, B.C. – Hallis Lake
Date: February 22, 2020 **Event Time:** 9:00 a.m.
Contact: Sunshine Borsato 250.983.9300 **Cost:** no charge
Expected number of participants: 120 (day one)

HISTORY: For 38 years we have hosted a ski tournament elementary school race to encourage the entire community of Quesnel's school aged children to participate in cross country skiing along with neighboring communities. With past CCC sponsorship and local community business support, we have enjoyed successful ski tournaments that not only encourage kids outside of the ski club to participate in a fun-filled day of skiing, but increased the membership and profile of the Cariboo Ski Touring Club's SDP ski league program.

2020 OBJECTIVE: To promote competitive and fun cross-country skiing to youth by organizing a Ski Tournament for local school aged enthusiasts (Quesnel, Nazko, Prince George, Wells and Williams Lake). To encourage over 100 kids to participate and fall in love with a day of fun-filled cross country skiing!

OUTLINE FOR THE EVENT:

8:30 – 9:15	Guided tours of race routes Organization of participants
9:15	Parade of athletes
9:30 – 11:15	Individual Classic Race :
*BEGINNER RACE	Individual timed start, Classic technique
*EXPERIENCED RACE	Distances are age appropriate
*TEEN RACE	
11:15– 12:15	Relay Race: Free Technique – obstacle undulating course Relay teams of four (four racers from the same school)
12:15-12:30	Teen Sprint Race: in lieu of relay race for groups 5/6 Free Technique
12:00 – 1:00	Lunch - lunch for participants & volunteers
12:30 – 1:30	Nordic Double Cross: Free technique Age categories

2:00 – 2:30

Two to four participants in a heat, winner proceeds,
consolation round
Podium Awards Ceremony and CCC sponsored item
for each participant

AWARDS: Participants placing first to seventh will receive points in each race and extra points will be given to the top three finishing times in each category. Points will be awarded for best classic technique, best skate techniques and best team spirit. Medals/gold pans will be awarded to the top three boys and the top three girls of each age group in the Individual Classic and the top two finishers in each group for male and female in the Double Cross events. The teen sprint top three finishers will be awarded medals regardless of male or female. Aggregate trophies will be awarded to the top three schools that have accumulated the most points combined from all three races. Gold pan for best out of town team.

AGE CATEGORIES AND INDIVIDUAL CLASSIC DISTANCES: (race day ages)

Group#1	ages 5-6 - through the stadium (approximately 1/2 km)
Group #2	ages 7-8 - pancake flats and stadium (approximately 1 km)
Group #3	ages 9-10- pancake flats and stadium (approximately 1 km)
Group #4	ages 11-12 - pancake flats and fir tree and black hole (app. 1 1/2 km)
Group #5	ages 13-15 - pancake flats, biathlon range and lit track (app 2 1/2 km)
Group #6	ages 16+ - pancake flats, biathlon range and lit track (app 2 1/2 km)

TERRAIN DETAILS: Stadium and Pancake Flat trail areas are very flat with a slight incline and decline. Fir tree hill, biathlon loop and black hole trails require climbing and downhill technique. The relay terrain park includes some small obstacles like bumps and rolls with added fun obstacles to navigate.

RACE SUPPORT: Race packages are provided for each team on the morning of the event. 25 volunteers coordinate timing, officiating, starting, chief of course, announcing, registrations and race day changes, spotting on course and serving refreshments. Radios, sound systems and megaphones serve to coordinate the event with stop watches and timing clocks to keep the races on schedule and accurately officiated! Results are posted and tracked on-going through the events. Local biathletes guide each group out on the course before and during the event.

FACILITY DETAILS: The Cariboo Ski Touring Club's facility will be open to the public free of charge (rental equipment is not free) on February 22nd for the entire day. Hallis Lake Lodge is a 1500 sq ft full facility day lodge with a full basement, rental shop, wrap around deck and fire pit to serve the club and tournament sized events. With a main parking lot and additional parking lot with shuttle facilities, 250 participants can be accommodated. There are 40 km of classic and skate ski track set with a piston bully including 4.5km of lit track for weekly night skiing. Two warming/timing huts can be utilized including one on the biathlon range. The range has 15 targets and was the venue for the 2000 and 2002 B.C. Winter Games as well as the 2007, 2008, 2009, 2010, 2015, 2016, 2017 and 2019 B.C. Cups.