

**CARIBOO SKI TOURING CLUB
EMERGENCY POLICY AND PROCEDURES
for the Hallis Lake Ski Trails**

Policy:

The Cariboo Ski Touring Club recognizes that the trails at Hallis Lake are “ski at your own risk” and has signed the site accordingly, but the executive and directors want to make every effort to create a safe and positive ski experience with procedures and tools to guide skiers using these trails as they are intended.

General Rules and Tools:

1. Ski with a friend and carry a cell phone. If skiing alone, check in with the rental shop during open hours or have a check in with a friend or family member indicating which trail you will be skiing and your expected time of return. Call at the designated time with a status report or call immediately if there is a change to the plan.
2. Carry a map and ask for help in understanding the map if there are questions. Use the signs to ensure you are following the correct trail and ski clockwise so signage is visible. Note that some trails have cautionary signs for steep hills, junctions and technical difficulty ratings to follow.

Procedures for Injured Skiers:

- never move an injured person unless to prevent further injury
- stay with injured person unless you need to leave to get help
- keep the person warm with extra jackets and toques
- remember where the injured person is – know the trail and distance and any distinct landmarks like hills, junctions or signs

► GET HELP

- Use your cell phone or
- ski to nearest phone – rental shop when open, another skier, tenant’s trailer
- if there is no close phone, go to a nearby house to call the ambulance AND one of the names listed below:

Rental shop/Lodge	Tania 250-991-6906 (also First Aid/skidoo)
Dick Lalande Level 3 First Aid	
Jim Crellin – first aid/skidoo	250 747-1728 or 250 991-9259 (cell)
Brian Black – snow mobile operator	250 983-2810 (cell)
Brian Kennelly- snow mobile operator	250-991-8709 (cell)
Mike Mc Laughlin- snow mobile operator	250 747-2442 or 250 255-1718 (cell)
Bruce Self	250-747-2119
Greg Strebel	250-747-3586

•tell the emergency responders that there is an injured person at the **Hallis Lake Ski Trails – 4427 Hydraulic Road. Hallis Lake Forest Service Road. 10 kms on Hydraulic Road.**

•call an above-mentioned club volunteer to help to safely remove the injured person from the trail using a snowmobile and rescue toboggan which is fully equipped with first aid and transportation equipment

•wait in the parking lot for help to arrive in order to give directions to locating the injured person

- when proceeding with the rescue, the following two people are normally required:
1. A person trained in First Aid, and
 2. A person trained to operate the club snowmobile with rescue toboggan.

Locating a Missing Skier:

A missing skier or a skier who has failed to check in by a designated time frame must be assumed to be an injured skier. In most cases, anyone who has been skiing in excess of three hours, recreationally, or is one hour past a designated return time, will be considered to be a missing skier and the following procedures must be followed.

- report the missing skier to the rental shop personnel or call one of the above numbers to conduct a rescue
- the rental shop personnel will call an above-mentioned club volunteer to help to safely remove the injured person from the trail using a snowmobile and rescue toboggan which is fully equipped with first aid and transportation equipment – this may require closing the shop
- designate someone to wait in the parking lot for help to arrive in order to give directions to locating the injured person.
- when proceeding with the rescue, two people are normally required.

Searching for a Missing Skier or Conducting an Emergency Rescue:

Whether searching for a missing skier or conducting an emergency rescue, either the rental shop staff person or one of the above designated personnel must be notified to search for the skier. The rescue personnel operating the skidoo with rescue toboggan must have a first aid attendant if at all possible, as it will be assumed the skier is badly injured.

The rescue personnel must prepare to conduct an emergency rescue following the emergency procedures and be careful to take precautions including carry a cell phone, communicate a search plan with a designated person and/or communicate such and leave a search plan with the rental shop personnel.

► Conducting a Rescue:

- rescue personnel will coordinate a search and rescue with a designated person including time of departure, check in times and direction of travel and list of trails that will be searched plus confirm that the rescue personnel will communicate any change to the mission with the designated person.
- rescue personnel will prepare the skidoo and rescue toboggan, carry a map, cell phone, flashlight, fuel if necessary and any additional equipment based on specific conditions
- rescue personnel (2 if possible) will follow rescue plan and check in as required or contact designated person with any changes to the plan
- if rescue personnel fail to check in and cannot be contacted, the procedures will be repeated contacting another person on the above emergency call list and conducting another rescue mission with emergency responders (911) on standby.