



Hallis Lake Elementary Ski School Program

2023-24 SKI SEASON

The CSTC provides NCCP certified coaching in a positive ‘play to learn’ environment that focuses on introducing children (and their chaperones) to Nordic (Cross country) skiing. We can accommodate up to 50 students at a time and we group 6-10 students per coach depending on students’ ages. We ask that schools have 1 chaperone that can remain in the lodge if students find it necessary to assist if students need to return to the lodge etc. All chaperones and teachers going out with groups have free use of ski or snowshoe equipment for the lesson. X-country skiing meets all of the physical education requirements and is an accessible lifelong sport. X-country and downhill skiing have fundamental skills that are transferable and students who have learned one style transition easily to the other style.

CSTC is a non-profit society and we strive to make X-country skiing at Hallis Lake financially accessible to families in our community. Certified coaches are volunteers and we are run by a board of directors. It is our goal, especially during difficult economic times to keep winter sports accessible to everyone. We strive to make skiing an option for all students and have worked with teachers to waive costs or share costs if a student who wants to participate is financially unable to do so. Please talk to us if this is the case.

Booking is now open for the season. We ask that classes do three sessions or more to get the best skill development and fun from the ski days. Ski School will run from January 2, 2024 until Spring Break

We suggest you book time as soon as possible for the best availability. Please fill out the Ski School booking form and email it to youthskischool@caribooski.ca or call James (250) 401 6524 with questions. Bookings and open dates can be viewed at: [calendar](#)

<p>Half Day Half day - \$16 per student per session Includes equipment, lesson and trail pass</p>	<p>½ day Ski School 9:15-12pm <i>or</i> 12:30 if students stay and have lunch in the lodge. These times can be adjusted forward or back to suit school schedules. This is available for Grades K-7</p>
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